

ASCA Level 2 Stroke School Special Edition at...

The 52nd annual 2010 NORTHWEST SWIM COACHES' CLINIC September 11 and 12, 2010

Clinic Program on Saturday with

Chuck Batchelor-Blue Fish Swim Club (Massachusetts) Coach of Olympian Elizabeth Beisel and
Dick Hannula-Hall of Famer, former Olympic Team Coach, author, legend!!

Click here for full clinic details:

<https://www.swimmingcoach.org/pdf/NW%20Coaches%20Clinic%202010.pdf>

On Sunday from 9 am to 4 pm:

ASCA Level 2 Stroke School: This course is available to all coaches – there are no pre-requisites. **Guy Edson**, ASCA Technical Director, will teach this course on Sunday, September 12, 2010 from 9 AM to 4 PM at the University of Puget Sound. **ROOM CHANGE: Wyatt Hall, Room 301. Building right next to the pool.** This level 2 Stroke School is about fundamentals, don't come here looking for rocket science. It's about basic biomechanics and principles of swimming propulsion – not fads or new age catch phrases. It's about real world teaching techniques that actually work. The Special Edition Level 2 is going to focus on teaching and correcting novice swimmers with an emphasis on teaching techniques, teaching progressions, and drills. Send your assistant coaches and coaches of novice swimmers! The ASCA Level 2 manual and a 100 page Power Point handout is included. Cost \$80.00.

Clinic Director: Chris Myhre

Registrations are to be mailed directly to Chris Myhre at this address;

1500 North Warner, Tacoma, WA 98416.

If you have questions, please email Chris Myhre, cmyhre@pugetsound.edu or call, 253-879-3146.

2010 NORTHWEST SWIM COACHES' CLINIC REGISTRATION FORM:

ASCA coaches' certification = 15 units credit with test. Washington State school employees can register for 8 clock hours at the clinic. Advance Clinic Registration Cost: \$45 for ASCA and/or WISCA members, \$50 for non-members. Advance registration must be postmarked by Sept. 5, 2010 (Registration at the clinic is \$60.) Lunch is included with your registration.

NW Swim Coaches Clinic – Saturday, Sept. 11, 2010 at the University of Puget Sound, 1500 No. Warner, Tacoma, 98416.

Please write/print legibly!

Name _____

Team _____

(Please list your personal mailing address)

Street _____

City _____ State _____ Zip _____

Phone _____

ASCA/WISCA _____ Non Member _____ (check X as to membership status)

E-Mail Address _____ (Print) _____

Clinic Fee \$ _____

ASCA Level 2 Stroke School _____

Total \$ _____

Please make your checks payable to **LOGGER Swimming**

Mail this form & check to: Chris Myhre, 1500 North Warner, Tacoma, Wa. 98416.
